

Silvia's Gymnastics

Class Schedule Summer 2016

Phone: (610) 754 - 8001

(Starts 7/5/16)

(ends 8/29/16)

Monday		
Time	Class	Age
5:00 - 6:00 p.m.	LEVEL 2	9 & Up
6:00 - 8:00 p.m.	OLYMPIC GROUP	Invitation

Tuesday		
Time	Class	Age
9:00 - 12:00 noon	Camp	5 to 13
10:00 - 10:45 a.m.	TOTS	2,3 & 4
5:00 - 6:00 p.m.	JUNIORS	Invitation
5:00 - 6:00 p.m.	BOYS CLASS	5 to 12
6:00 - 7:00 p.m.	LEVEL 1	7 & 8
7:00 - 8:00 p.m.	PRE-LEVEL 1	5 & 6

Wednesday		
Time	Class	Age
9:00 - 11:00 a.m.	Camp	3,4 & 5
11:00 - 12:00 p.m.	KINDERGARTEN	4.5, 5 & 6
5:00 - 6:00 p.m.	LEVEL 1	7 & 8
5:00 - 6:00 p.m.	LEVEL 2 Advanced	9 & Up
6:00 - 7:00 p.m.	KINDERGARTEN	4.5, 5 & 6
6:00 - 8:00 p.m.	Olympic VETS	Invitation
7:00 - 8:00 p.m.	TUMBLING	7 & up

Thursday		
Time	Class	Age
9:00 - 12:00 noon	Camp	5 to 13
10:00 - 10:45 a.m.	TOTS	2,3 & 4
5:00 - 6:00 p.m.	PRE-LEVEL 1	5 & 6
6:00 - 7:00 p.m.	LEVEL 1	9 & Up
6:00 - 6:45 p.m.	TOTS	2,3 & 4
7:00 - 8:00 p.m.	JUNIORS	Invitation
7:00 - 8:00 p.m.	LEVEL 2	9 & Up
8:00 - 9:30 p.m.	Open GYM	

Saturday		
Time	Class	Age
9:00 - 11:00 a.m.	Olympic Group	Invitation

- * JUNIORS should attend 2 Juniors classes per week if possible
- * Advanced Level 2: Back walkover, Handstand Bridge and up, Roundoff, Front Handspring
- * Open gym age requirements: Must be over 5. Must be under 16 unless a member.
- * Tumbling class pre-requisites: Good cartwheel on floor and bridge kick-over on floor.

NOTE: There will be no Birthday Parties during July and August

