



### **Silvia's Gymnasts Win Gold at Level 8 Regional Competition**

On May 2-3 in Waldorf, Maryland, Alyssa Nocella and Brianna Comport earned the prestigious All Around first-place title for Level 8. Alyssa and Brianna competed against the top 48 qualifying gymnasts from Region 7 (DE, MD, NJ, PA, VA, WV) in each of their age groups.

Alyssa Nocella, Senior A age group, captured the AA Gold medal with an astounding .75 lead over the second place competitor with a remarkable score of 38.1 AA. In addition, she also captured individual Gold medals for vault, uneven bars, floor exercise and fourth on the balance beam.

Brianna Comport earned the top spot for the Senior B age group with an outstanding 37.275 AA and also brought home a Gold medal for floor and a Silver medal on balance beam. Brianna also placed sixth on uneven bars and thirteenth on vault.

Alyssa and Brianna are both students at Boyertown Junior High School East and train at Silvia's Gymnastics in Zieglerville, PA.

Also competing in this Regional competition from Silvia's were Meredith Keppel and Allison Rodgers.

*Written and Approved by Karin Sassa, May 11, 2009  
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