

Silvia's Gymnastics will continue to re-evaluate and adjust our Covid-19 procedures as necessary to ensure the health of our students. Social distancing will be maintained during our classes as much as possible. There are fewer classes than customary in our schedule. Some of our classes have been discontinued or combined and re-named. For example we are not currently offering our Boys' Class or our Tumbling Class. The Kindergarten class has been rolled into our Pre-Level 1 class due to the significant overlap of ages. As the Covid-19 threat diminishes and government regulations are relaxed we hope to be able to add additional classes where we have strong demand.

We continue to allow an interval of time between each class in order to reduce the amount of people leaving and entering in the lobby area. This interval also permits the coaches to do a bit of spot cleaning between classes. Hand sanitizer is available to students and parents. The coach will apply a spritz of sanitizer to each child's hands prior to class. A temperature scan is also administered prior to class. Physical spotting of the gymnast will occur only as necessary for safety.

Space to observe from our bleacher area is limited and will be plainly marked as we enforce social distancing. We request that only 1 parent/guardian enter the building with the gymnast. We do permit observation from the bleacher area and request that you observe social distancing when in the bleachers.

Students are NOT required to wear masks. We strongly recommend use of masks by our parents. Our coaches are not required to wear masks since it is difficult to instruct a group of students when the mouth is covered. Also comprehension of the speech diminishes when a mask is worn. As any new official guidelines emerge, policies may be revised accordingly. Silvia's management will monitor government policy changes and guidelines and to update our safety protocols and procedures as necessary.

We appreciate your understanding as we navigate these unprecedented circumstances. We are doing everything possible to ensure safe operations and an enriching experience for your child. While the risk the virus poses to younger people is extremely small, we recognize the need for caution and it's always nice to have a clean gym. Getting the children back to normal activities is very important for their mental and physical health.